24 HOUR URINE COLLECTION

To collect a 24 hour urine sample correctly, the patient will need:

1) **The appropriate coloured 24 hour urine container** available from [www.nbt.nhs.uk/pathologyconsumables](http://www.nbt.nhs.uk/pathologyconsumables)

   ![Containers](images/containers.png)

   - **Plain**
     - Albumin
     - Bence Protein
     - Cortisol
     - Copper
     - Electrolytes
     - Protein
   - **HCl Acid**
     - Calcium (Ca)
     - Citrate
     - Magnesium
     - Metadrenalines
     - Oxalate (Ox)
     - Phosphate
     - CaOx stone former**
     - CaOx stone former** (Follow Up)
     - Cystine stone former**
   - **Acetic Acid**
     - 5 HIAA
   - **Alkaline**
     - Urate
     - UA stone former
   - **Acid Day & Night**
     - Cystine**
     - (Day and Night)

2) Information to complete the sample label, including:
   - An **ICE request label**,
   - Their **NHS number**
   - **Name of the test** required

3) **Instruction leaflets**, which should arrive with the container, are also available from [www.nbt.nhs.uk/severn-pathology/patient-information](http://www.nbt.nhs.uk/severn-pathology/patient-information)

**IF DETAILS ARE NOT FULLY COMPLETED ON THE SAMPLE, SAMPLES WILL NOT BE PROCESSED**