

Familial Chylomicronaemia Syndrome (FCS) and Hypertriglyceridaemia (HTG)

Contact details:

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Sample Required:

See **Sample requirements page** at
www.nbt.nhs.uk/genetics for full
details

Samples should be accompanied by a
FULLY completed request form
(available as download at
www.nbt.nhs.uk/genetics or from the
laboratory).

Please include details of the test
required, family history, address and
POSTCODE, NHS number, referring
clinician and centre.

Consent and Storage:

All genetic testing requires consent. It is
the responsibility of the referring
clinician to ensure that appropriate
consent has been obtained.

DNA is stored from ALL patients
undergoing DNA testing, unless consent
for this is specifically denied.

Stored material from all referrals may be
retained for quality assurance purposes
and may be used anonymously for the
development of new tests for the
disorder in question.

Clinical Background and Genetics

The Hypertriglyceridaemia (HTG) gene panel has been designed for the analysis of genes associated with regulation and metabolism of triglyceride rich lipoproteins. Pathogenic variants are associated with FCS.

- Severe HTG is defined as triglyceride concentration > 10mmol/L
- HTG is seen in lipid phenotypes (Frederickson classification) 1,2B,3 4 and 5
- Clinical features can include eruptive xanthomas, palmar creases, xanthomas and pancreatitis.
- Hypertriglyceridaemia especially post-prandially appears to increase cardiovascular disease (CVD) risk
- The panel also covers additional genes; *LCAT* and *LIP1* for other rare dyslipidaemias.

Service offered

- 11 genes are targeted using a custom designed SureSelect Target Enrichment System kit and sequenced using MiSeq/NextSeq (Illumina) analysers. Analysis is performed using an open source in-house pipeline (alignment: BWA; alignment modification and variant calling: GATK; variant annotation: Annovar).

APOB (NM_000384.2), *LPL* NM_000237.2, *GPIHBP1* NM_178172.3, *APOA5* NM_052968.3, *GPD1* NM_005276.3, *LMF1* NM_022773, *LCAT* NM_000229.1, *CREB3L3* NM_032607, *APOE* NM_032607, *APOC2* NM_000483.4, *LIP1* NM_198996.3

- Familial tests for known pathogenic variants using Sanger sequencing.

Quality

- BGL participates in the EMQN scheme for DNA sequencing and GenQA scheme for variant pathogenicity interpretation.

Referrals

Referrals are accepted nationally from Consultant Lipidologists, Cardiologists, Metabolic Medicine and Clinical Geneticists.

Target reporting Time

Diagnostic screen of 18 genes: 84 days (12 weeks) routine service

Clinically urgent samples 4-6 weeks typical reporting time.

Please indicate urgent samples

Targeted test for a known variant: 42 days (6 weeks) (Sanger sequencing)

Please contact the laboratory for up to date prices

Clinical Advice

If clinical discussion is required we would recommend contact with: Dr Paul Downie, Department of Medical Biochemistry, University Hospitals of Bristol NHS Foundation

Email: Paul.Downie@UHBristol.nhs.uk

References

- Johansen CT, Hegele RA. Genetic bases of hypertriglyceridaemic phenotypes. *Curr Opin Lipidol* 2011;22:247-53