Complimentary Parking

- This permit is valid for all public car parks on the Southmead Hospital Site.
- Vehicle details will also be added into the automatic number plate recognition for barrier controlled car parks – Barriers will automatically open to let you leave.
- The permit is valid up to two weeks. Permits can be renewed multiple times up to the end of the hospital stay. The ward will need to complete a new form each time it is renewed.

Access to Staff Restaurant

Badge Use

- Carers will be given a carers card.
- This card allows access to the staff restaurant (see directions within this document) to purchase a hot meal and drink.
- To use the card hold it up near the grey boxes at the side of the door. There should be a beep and the light changes to green. You can now open the door. If you get multiple beeps or a red light try again.
- Cards are valid up to two weeks. Cards can be renewed multiple times up to the end of the hospital stay. The ward will need to complete a new form each time it is renewed.
- The card will be cancelled after 7 days of not being used.
- *Please return the card to the security office on discharge*

Card Policy  * Cards can be removed should this policy not be adhered to *

- Cards do not provide access to the wards.
- Access to restaurant from atrium through one specified door (see directions).
- Only one card issued per patient (if more than one person is providing care that fits the eligibility above cards can be shared).
- Only two carers permitted per restaurant visit (if sharing cards as above).
- Patients are not permitted in the staff restaurant.
- Cards not to be passed to other hospital visitors.
- Meals are not discounted or free and only cards allow access to the restaurant only.
- Cards to be returned to security at the end of stay.
Using the restaurant:

Opening hours:

<table>
<thead>
<tr>
<th>Vue Restaurant - 07.00 – 18.00</th>
<th>Coffee Shop - 08.00 – 16.00</th>
</tr>
</thead>
<tbody>
<tr>
<td>07.00 – 11.00 – Breakfast</td>
<td>Selection of teas, coffee, cold drinks, paninis, and cakes.</td>
</tr>
<tr>
<td>11.45 – 14.30 – Hot lunch and deli</td>
<td></td>
</tr>
<tr>
<td>16.00 – 18.00 – Hot dinner</td>
<td>Microwave available</td>
</tr>
<tr>
<td>Sandwiches and snacks available all day</td>
<td></td>
</tr>
</tbody>
</table>

Directions to the Vue Restaurant.

There is one permitted route to the restaurant:

1. From the main entrance of the Brunel building walk down the atrium past lift shaft C and the piano.
2. Soon after the piano turn right into the short corridor where the toilets are signposted.
3. Use your badge to open the door directly in front of you. Hold your carers card near the grey box next to the door to unlock it.
4. Take the lift to level 5.
5. Upon exiting the lifts take a left into the main corridor.
6. The restaurant is gate 23 on your left. The Coffee shop is also gate 23 but further down again on your left.
7. To return make sure you take the Bed lifts to level 1. FM lifts are robot controlled!
8. Push the button to the left of the door to get back into the atrium.
Carer Support Services

There are a number of different Carer Support Organisations across the country who can provide information, support and signposting for unpaid carers. These organisations can make sure you are linked into services providing financial, practical and emotional support for your role.

To find your local carers support service contact your county council or go to https://carers.org/ and use the search feature to find your local centre.

Carers in Bristol or South Glos

Carer Liaison Workers are based at Southmead hospital. We can work with those carers supporting someone living in Bristol or South Glos. We can:

- Provide help, support and advice to carers through their hospital journey as a carer and/or patient, working directly on hospital wards and signposting to other services for support
- Link carers into ongoing community support
- Give info on support, services and financial help available to carers in the hospital and community
- Liaise between the discharge team, ward staff and carers and their family, to help with any concerns or worries

You can contact us on 07557418692 or email carersliaison@nbt.nhs.uk To find out more about the Carers Support Scheme and Carers Liaison Service go to https://www.nbt.nhs.uk/patients-carers/carers

If you have any questions or concerns about the carers support scheme please approach the ward or security office.