



# Flexible Cystoscopy Masterclass

Thursday 30 April - Friday 1 May 2020 Learning & Research Centre, Southmead Hospital, Bristol





# Flexible Cystoscopy Masterclass

### **Overview**

We would like to welcome you to the Flexible Cystoscopy Masterclass. This course is aimed at nurse specialists or F1/ CTs currently performing flexible cystoscopy.

The Masterclass will cover hands-on training sessions, pre-recorded case discussion and an expert faculty. Topics will range from Narrow Band Imaging, consent, bladder mapping and complications, through to cysto-diathermy and stent indications.

Our programme will begin on Thursday 30 April, and will come to a close Friday 1 May. There will be a course meal on Thursday 30 April, which will provide a great opportunity to meet our experts.

### **Learning objectives**

By the end of the course you should:

- Understand how abnormal anatomy may cause challenges in performing flexible cystoscopy
- Understand techniques to overcome complex anatomy to enable a flexible cystoscopy
- Have enhanced your bladder mapping skills
- Understand complex consent situations and how to deal with this
- Understand importance of following national and international guidance
- Have knowledge and examples of best practice protocols, to develop in your own unit
- Be aware of complications of flexible cystoscopy, and how to treat these
- Understand the principles of Narrow Band Imaging

- Understand principles of cystodiathermy and laser ablation
- Understand principles of stent removal
- Understand indication and principles of taking a bladder biopsy
- Understand principles of administration of Botox
- Have undertaken practical simulated experience in bladder mapping, catheter insertion under guidewire, local anaesthetic cystodiathermy, ureteric stent removal

This course is offered free of charge however, delegates are responsible for their own travel arrangements.

Apply early to avoid disappointment - this course will be filled on a first come first served basis.

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# Course Agenda

Day 1 - Thursday 30 April	
10:30	Welcome and Refreshments
11:00	Aims and Objectives of the course
11:30	Male and Female Anatomy
11:45	Principles of Endoscopy
12:00	Indications for Flexible Cystoscopy
12:15	Documentation, labels and bladder mapping
12:30	Lunch
13:15	Consent and Capacity alternatives
13:45	Urine dip and Antibiotics Protocols
14:00	Complications - including Anaphylaxis and Spinal injury
14:30	Narrow Band Imaging - How to use it effectively?
15:00	Bladder Cancer Surveillance and Urine Cytology
15:15	Break
15:30	Video cases
16:30	Practical Session One (all faculty)  1. Bladder Mapping Challenge  2. Flexible Cystoscopy & Guidewires  3. Urethral Dilatation  4. Narrow Band Imaging
18:00	End of Day 1

## Day 2 - Friday 1 May 09:00 Let's talk about Bladder Cancer 09:20 Biopsy - Indications 09:40 How to use Cystodiathermy effectively 10:00 **Break** 10:15 Lasers Botox 10:35 10:55 Stents - Indications 11:15 Case discussion 12:15 Lunch 13:00 Practical Session Two 1. Cystodiathermy 2. Stent removal 3. Biopsy 4. Botox 5. Narrow Band Imaging 15:00 Course feedback 15:30 End of Course



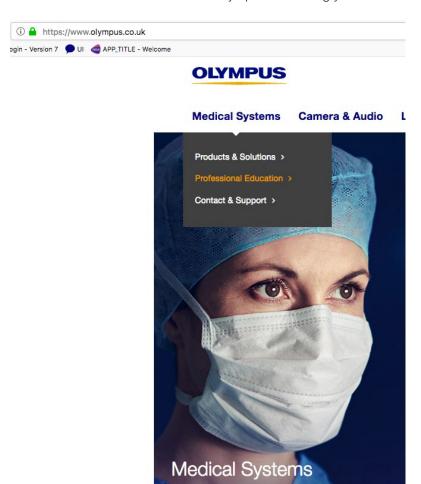
# Registration Instructions

Please register your request to attend this training course by following the instructions below.

Visit our website www.olympus.co.uk then use the following navigation:

Medical Systems > Professional Education > All Trainings > Endoscopic Urology > Uretero-renoscopy > Click on down arrow > Details > Click on Registration button and complete appropriately

**Please note:** Acknowledgement of your registration will be sent on receipt - your place is **NOT** booked until you receive further communication from Olympus confirming your attendance.



#### Please note:

In the event of your cancellation within two weeks of the course date or non-attendance at the course, there may be an administration charge of £50.00. Olympus cannot accept liability for costs incurred in the event of a course having to be cancelled as a result of circumstances beyond its reasonable control.

Photographs will be taken during the course and used to promote future events.

#### Any queries, please contact:

# Faculty

## **Lead Faculty**

### **Helena Burden**

Consultant Urologist
North Bristol NHS Trust

## **Supporting Faculty**

## **Benjamin Ayres**

Consultant Urologist St George's Hospital

### **Edward Jefferies**

Consultant Urologist Royal United Hospital

### **Julia Taylor**

Consultant Nurse, Salford Royal Foundation Trust

### **Melanie Walton**

Consultant Urologist
Royal Devon and Exeter NHS Trust

### **Katherine Warren**

Consultant Urologist Southmead Hospital



e-mail: medical@olympus.co.uk website: www.olympus.co.uk