

Take Part Be Involved

in research

Patients have a stronger voice than ever before and that extends to how we carry out clinical research.

*"I felt my own personal experience **made a real difference**"*

*"I can be involved as little or as much as I want to **fit into my daily lifestyle**"*

A photograph of an older man with glasses and a grey sweater, smiling. He is standing in front of a modern building with large windows.

Improving
patient health
through world
class **research**

Find out more...

0117 4149330

www.nbt.nhs.uk/research



Be Involved

in research

By being involved in a research patient and public panel your help will ensure we will continue to deliver exceptional healthcare now and in the future.

How can you help?

People with personal experience of healthcare are the ones who are best to comment on what research is needed and how that research should be done.

Members of the public can bring a different perspective that is not always the same as those of researchers. Your involvement helps to ensure that the entire process is focussed on what is important to people and is therefore more relevant and acceptable to the people who need to use our services.

You do not need any research experience. You are the expert on the patient experience and we want to learn from you.

Being part of a research patient and public panel means you will be able to:

- Meet our researchers and comment on their research ideas.
- Comment on how that treatment will be carried out.
- Reading and giving feedback on patient information sheets, letters to patients and questionnaires to ensure they make sense to the patients who will need to read them.
- If you are really keen, there are also opportunities to sit on Research Committees and Research Project meetings.

How much time will it take?

You can be involved in as many or as few meetings as you wish, depending on your personal circumstances. Each group is different, with some meeting just once or twice in total.

For some larger research studies you may meet up for two hours every eight weeks.

