Antibiotic prophylaxis guidance for flexible cystoscopy procedures

(including cystodiathermy and ureteric stent removal)

At booking for flexible cystoscopy/OSC Is the patient high risk for post scope UTI? (see below 1) Yes -give prescription for prophylaxis when booking, if OSC give prophylaxis and proceed on day (see below 2)

- 1. High risk patients include: history of recurrent urinary tract infections (UTIs), use of intermittent self catheterisation (ISC), presence of an indwelling urethral or SP catheter (IDC or SPC), immuno-suppression or immunocompromised, abnormal anatomy (for example, a duplex kidney or a known bladder diverticulum).
- Prophylaxis guidelines: Please check urine cultures in last 6 months to ensure below antibiotics appropriate. Ciprofloxacin 750mg po within 1-2 hours prior to procedure, unless ciprofloxacin resistant or ciprofloxacin in 6 months prior. Otherwise fosfomycin 3g po within 1-2 hours prior to procedure or IV gentamicin 3mg/kg within 1 hour of procedure.
- Symptoms suggestive of UTI raised temperature and/or suprapubic/loin pain and/or urinary symptoms such as frequency/urgency/dysuria

