

Equality and Diversity Update

Issue 48: December 2018

Rainbow Faiths Day in the Sanctuary 12 December 12:00-2:00pm



There are many religious festivals this month and NBT will be celebrating with a Rainbow Faiths event. All staff are invited, whatever your religion or belief or none. You are welcome to bring something about your faith or food to share and find out more about a faith different to yours.



Last month the Bristol Race Equality Leaders Group won the Transparency Award at the Global Equality and Diversity awards for its public sector data product. This is fantastic recognition as this work compares and publishes data about BME/White staff from these public bodies. Since this was first produced, the group, including NBT, has embarked on joint projects to address racial inequality across the city.

Dealing with “Burn Out” Free booklet

‘Burnout – How to avoid it and look after yourself’ by Liggy Webb. This booklet is kindly offered free to NBT as we are signatories to the **Bristol Equality Charter**. Download your copy from this link:

<https://www.liggywebb.com/burnout-promoting-mental-health.pdf>.



Action on Hearing Loss has published a new employers’ guide to help support employees who are deaf or have hearing loss www.actiononhearingloss.org.uk/employershub.

Equality and Diversity Events

4 December	10:00-12:30pm	Autism training - search ‘Autism’ on MLE to book	
7 December	9:30-11:30am	EU Settled Status Applications	Cabot, Brunel
12 December	12:00-2:00pm	Rainbow Faiths Day	Sanctuary
10 January	12:30-13:30pm	LGBT+ Staff Group Meeting	Sanctuary

For more information please email Katie.Allen@nbt.nhs.uk



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Andrea Young attended the launch of the Bristol Equality Charter, a city-wide initiative, at the MShed in November. Importantly it is co-designed by private, public and voluntary sector organisations and makes a clear public statement of commitment to the values of equality, diversity and inclusion. NBT was a key player in its creation. Anyone can sign up to this. NBT are proud signatories of the charter and you can view our video created for the launch here: <https://t.co/Mloon9m2Sb>.



Mayor Marvin Rees at the Bristol Equality Charter launch with designers of the

Lesley Mansell, Equality and Diversity Manager

North Bristol NHS Trust
Room 20, Christopher Hancock Building
Southmead Hospital
Bristol, BS10 5NB
Email: Lesley.Mansell@nbt.nhs.uk
Telephone: 0117 414 5578 Ext: 45578



Equality Calendar – December

22 Nov – 22 Dec is Disability History Month

- 1 World AIDS Day
- 2 UN International Day for the Abolition of Slavery
- 3 UN International Day of Persons with Disabilities
- 3 Hanukkah – Judaism
- 8 Rohatsu (Bodhi Day) – Buddhist
- 10 Human Rights Day
- 21 Winter Solstice - Pagan
- 25 Christmas Day – Christian
- 26 Zaratost no diso – Zoroastrian

We value our EU staff

Settled Status - NBT are running group application sessions as part of a pilot scheme to apply for Settled Status. The first will take place on Friday 7 December 9:30-11:30am in Cabot – Level 5, Seminar Tower, Brunel Building.

You must bring your biometric passport to begin the process. You will be able to reclaim the £65 application fee from the Trust.



Christians at NBT will be giving out mince pies on Thursday 20 December between 12:30-1:30pm in Elgar House. There will be a display about the Christmas story and an interactive board for you to share your thoughts/beliefs about this time of year.

Please ask if you would like this newsletter in a different format.

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