

Equality and Diversity Update

Issue 27: February 2017

LGBT History Month 2017

NBT is celebrating LGBT history month during the whole of February with a display in the Learning and Development Building at Southmead. The theme this year is: Citizenship and Law.

NBT has two events, both free and open to everyone to attend staff, patients and public. Plus displays in the library and on the ground floor of the Learning and Dev Building.

Film: The Danish Girl. Sponsored by Unite the Union. 20 February 2017, 5pm - 9pm.



Please book on Eventbrite to secure a seat.
<https://www.eventbrite.com/e/film-the-danish-girl-lgbt-hm-event-tickets-31543244694>

Seminar: Trans Matters. 23 February 6.00 p.m. – 7.30 p.m. With Henry Poultney from Off the Record and Freedom (Youth worker).

Please book a place with Maria Smith E mail:
Maria.Smith@nbt.nhs.uk



LGBT Film
Trans Matters Seminar
Staff Equality Group meeting
International Women's Day with Andrea Young
Women and the EU with Clare Moody MEP



NBT Black and Minority Ethnic Champion. welcome to Dr Sanjay Gandhi who is Lead Clinician for Radiation Protection and Lead Radiologist for Haematology MDT and Cancer Trials. Professor Gandhi is multilingual and has an excellent track record in leadership and mentoring.

International Women's Day Events; these are women only.

8 March 2017, 8am – 9am

Women's breakfast - with Andrea Young, Chief Executive. This has become a tradition at NBT and we are proud that our Respect and Dignity statement is a result of one of these meetings.

10 March 2017, 3.30pm – 5pm

Women and the EU - Come along and meet Clare Moody, South West Member of the European parliament. She will talk about what leaving the EU means for Women. Does this matter? How could it affect jobs in the NHS? Come along to hear more and put your questions and concerns to Clare.

Please book a place on both of these as soon as possible.

-	20 February 2017	5pm – 9pm
-	23 February 2017	6 pm – 7.30 pm
-	28 February 2017	2 pm - 3.30 pm
-	8 March 2017	8 am – 9 am
-	10 March 2017	3.30 pm – 5 pm

**Harassment and Bullying Advice Line
New Number 0117 414 5599, Ext: 45599**



Staff Equality Group Meeting

Tuesday 28 February 2017 2 pm - 3.30 pm

All are welcome to find out more about this group and what it does. This is a really important meeting as there needs to be agreement on action plans for the next year. If you cannot attend but would like to go on the mailing list please contact Maria Smith.

Also please book a place with Maria Smith E mail: Maria.Smith@nbt.nhs.uk Ext 45580

Time to Talk Day - 2 February 2017

Talking about mental health at work is difficult for everyone concerned. See this short video from Mindful Employer which looks at the difficulties that arise through poor communication and how talking to each other enables support and understanding. This is part of the national Time to Change initiative.

https://www.youtube.com/watch?v=K6ThH_1aDf4&feature=youtu.be

Equality Calendar

LGBT History Month	:	February 2017
World Cancer Day	:	4 February 2017
Nirvana Day (Buddhist)	:	15 Feb 2017
Int Childhood Cancer Day	:	15 Feb 2017
World Day of Social Justice	:	20 Feb 2017
Shrove Tuesday (Christian)	:	28 Feb 2017

Well Being - Fast track Physiotherapy service for staff

A physiotherapy service for staff will be provided as a pilot for the next 6 months starting on Monday 6 February 2017.

The service covers:

- Joint, muscle and spinal problems
- New or existing conditions e.g. back pain, sports injuries

Ring 0117 342 3400 to self-refer through Physio Direct at Occupational Health, they will book a time slot for a telephone consultation.

'Work out at Work Day' - Following the previous extremely popular event our lead physiotherapist Alice Hounsome will be offering visits to departments to give hints and tips on keeping active at work. To invite her e mail at: alice.hounsome@nbt.nhs.uk

Religion and Belief

Muslim Prayers - Friday at 1 p.m.

Christian Prayers - Wednesdays at 1 p.m.

These take place in the Sanctuary, Brunel Building, Southmead Hospital.



Christopher Hancock Building, Southmead Hospital,
Southmead Road, Westbury-on-Trym, Bristol, BS10 5NB



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