

# Equality and Diversity Update

Issue 50: February 2019



February marks the beginning of **LGBT History Month**. This year's theme is **Peace, Reconciliation and Activism** and there will be a display in L&R for the month.



## Talking LGBT+ Bristol

'Talking LGBT+ Bristol' is a wonderful documentary that

shares the rich heritage of LGBT+ life in Bristol over the last century, with contributors from all backgrounds and ages from across the city  
<https://youtu.be/xVknXspyq2k>.

## Free event at M Shed, Bristol

Saturday 16 February 2019

Talks will take place from 12pm - 4pm.

Speakers include Lisa Power talking about the founding of Stonewall and Stephen Williams talking about his time as an openly gay MP.

## LGBT+ History Events at NBT

### LGBT+ Staff Group Meeting

**Tuesday 5 February 12.30pm – 1.30pm**

Meet at the Sanctuary office – the group will meet in one of the small rooms.

Email: [Katie.allen@nbt.nhs.uk](mailto:Katie.allen@nbt.nhs.uk) to RSVP or just turn up.

### LGBT History Month event with Peter Purton

LGBT rights activist – open to all

**Thursday 28 Feb 1pm – 2.30pm**

Email: [Maria.Smith@nbt.nhs.uk](mailto:Maria.Smith@nbt.nhs.uk) for details.

### Trans Seminar - with guest speaker

Henry Poultney from Freedom Youth/Off the Record – open to all

**12 March 12.30 pm – 13.45 pm**

Email: [Maria.Smith@nbt.nhs.uk](mailto:Maria.Smith@nbt.nhs.uk) for details.

**Chinese New Year  
Year of the Pig  
5 February 2019**



## BME Staff Group Meeting

**Wednesday 27 February 2pm-4pm**

Email: Maria Smith [Maria.Smith@nbt.nhs.uk](mailto:Maria.Smith@nbt.nhs.uk) for more information and to book a place.

## Equality Events Diary

See above for LGBT+ related events			
Disabled Staff Meeting	Tue 5 Feb	3pm-4.30pm	Book for details
Religion & Belief Staff Meeting	Thu 21 Feb	12:30pm-1.30pm	The Sanctuary
BME Staff Meeting	Wed 27 Feb	2pm-4pm	Book for details
Job Application and Interview	Fri 12 April	9.30am-12.30pm	Book on MLE or
Skills training for BME Staff			<a href="mailto:Deborah.Mortimer@nbt.nhs.uk">Deborah.Mortimer@nbt.nhs.uk</a>

**For more information on the above events or to book a place please contact Maria Smith.**  
Email: [Maria.Smith@nbt.nhs.uk](mailto:Maria.Smith@nbt.nhs.uk) Phone 0117 41 45580 / Ext 45580



## Confidential

Harassment and Bullying  
Advice Line  
Phone: 0117 414 5599  
Ext: 45599

## NEW NHS Employee Engagement Survey

Looking at issues such as pay gaps, the effectiveness of staff networks, discrimination and the voice and inclusion of minority groups. By Univ of York. Have your say here:  
<https://www.nhsemployers.org/news/2019/01/nhs-employee-engagement-survey-launched>

## New print version: Learning disabilities and pregnancy guidelines


Created by NBT Community Midwife Team Leader, Catherine Poole, the **'My pregnancy, birth and newborn baby'** booklet has been printed with funding from the League of Friends. The guidance is also useful for families where English is not their first language, or where they are deaf or have head injuries.

Large text and colour images promote understanding and points of discussion, engaging patients in their care. The booklet has been shortlisted for an RCM Award (Johnson's award for excellence in maternity care), with the awards ceremony on 5<sup>th</sup> March 2019. For more information or to request a copy contact [Catherine.Poole@nbt.nhs.uk](mailto:Catherine.Poole@nbt.nhs.uk).

## Equality Calendar – February 2019

### LGBT History Month

- 1 World Hijab Day
- 2 Imbolc - Lughnassadh - Wicca, Pagan
- 4 World Cancer Day
- 5 Chinese New Year
- 7 Time to Talk Day (Mental Health)
- 13 Maha Shivaratri - Hindu
- 15 Nirvana Day - Buddhist, Jain
- 16 Chinese New Year – Confucian, Daoist, Buddhist



**OUT TO SWIM West**  
Swimming club for adult LGBT+ and friends.  
Swim for fitness or to compete...  
and to socialise!  
University of Bristol Swimming Pool  
Wednesday 7-8pm  
Saturday 1-2pm  
For more details of how to join in, go to  
[www.outtoswim.org/west](http://www.outtoswim.org/west)

For more information contact  
[Matthew.Bazeley@nbt.nhs.uk](mailto:Matthew.Bazeley@nbt.nhs.uk)

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