# Equality and Diversity Update

## Respect and Dignity for all

NBT has a statement on respect and dignity which ties in with our values. Respect and Dignity is promoted by NBT for all – patients and their families, carers and friends, staff and other visitors e.g. our volunteers or contractors.

Our values are:

- Putting patients first
- Working well together
- Recognising the person
- Striving for Excellence

The Trust is committed to ensuring that everyone is treated with respect and dignity. This means treating others as we expect to be treated ourselves.

There are policies to manage patients and staff who do not uphold the principles of respect and dignity, so do ask your manager if you have any concerns.

Please report any incident to your manager if you feel your patients or yourself is not being treated with respect or dignity.

The Respect and Dignity statement is available in all departments or on the Equality webpage:

[http://nbsvr16/sites/askhr/EqualityandDiversity/Pages/default.aspx](http://nbsvr16/sites/askhr/EqualityandDiversity/Pages/default.aspx)

More information from: Lesley Mansell
Tel: 0117 414 5578 or email: Lesley.Mansell@nbt.nhs.uk

## Staff Black and Minority Ethnic Development Group – new chair

Annette Hughes has taken on the role of chair of this very important staff group. She has been involved since the group was first set up.

The group offers mentors and training and has developed its own action plan which is discussed at the Equality and Diversity Committee. If you would like to find out more about the work of this group and how it is making a difference or would like to join please contact:

Lesley Mansell Tel: 0117 414 5578 or email: Lesley.Mansell@nbt.nhs.uk

## Events

<table>
<thead>
<tr>
<th>Event</th>
<th>Date</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Basic IT Skills Training</td>
<td>19 July 2016</td>
<td>9am – 12noon</td>
</tr>
<tr>
<td>Harassment and Bullying Advisers Training</td>
<td>20 July 2016</td>
<td>9.15am - 12.45pm</td>
</tr>
<tr>
<td>Basic IT Skills Training</td>
<td>12 Aug 2016</td>
<td>9am – 12noon</td>
</tr>
<tr>
<td>Basic IT Skills Training</td>
<td>24 Aug 2016</td>
<td>9am – 12noon</td>
</tr>
<tr>
<td>Basic IT Skills Training</td>
<td>5 Sep 2016</td>
<td>9am – 12noon</td>
</tr>
<tr>
<td>Basic IT Skills Training</td>
<td>28 Sep 2016</td>
<td>9am – 12noon</td>
</tr>
</tbody>
</table>
NBT celebrated Mental Health Awareness Week in May. The stalls attracted a lot of interest from patients and staff which focussed on well-being and support.

**Equality Delivery System 2 Report**

Can you help? NBT needs to show what it is doing to promote equality and I am compiling information for the report that covers the last financial year.

The results are externally assessed and last time the Trust reached the grade of “Achieving” which is thanks to the work that all of you do. Anything you have would be really useful to show the positive actions you are taking.

Check out the NHS England webpage to see the short video about ED2 which shows what we need to do.

[https://www.england.nhs.uk/about/gov/equality-hub/eds/](https://www.england.nhs.uk/about/gov/equality-hub/eds/)

Contact Lesley Mansell for more details tel: 0117 414 5578

---

**Equality Calendar**

- Ethnic Minority Cancer Awareness: July 2016
- Eid Al Fitr: 6 July 2016
- Transgender Awareness Sparkle: 10 - 12 July 2016
- International Friendship Day: 30 July 2016

---

**Basic IT Skills Training**

Is a computer a bit of a mystery to you? Lots of our staff don’t use one but need to know how to do basic things. A number of dates have been set up for staff who would like to find out how to send an email or search the internet. These sessions are really successful and people get a lot out of them.

You will need to book on this course via MLE self-serve so if you need more information contact: E mail: ITTraining@nbt.nhs.uk or call Ext. 49274

---

**Harassment and Bullying Helpline**

This free and confidential service is there for all staff to use. We hope you don’t need it but if you do please contact us. The advisers all have training and are there to offer support and to assist you to find positive solutions. If you need to call the service ring:

Tel: 0117 414 5599
Ext: 45599 (9am - 5pm)