

# Equality and Diversity Update

Issue 51: March 2019



## International Women's Day NBT Breakfast: Friday 8 March

The International Women's Day 2019 campaign theme is **#BalanceforBetter**, a call-to-action for driving gender balance across the world.

We are holding a **breakfast on Friday 8 March from 9:30-10:30am** with some of our inspirational female leaders on the subject of 'The balance of a busy work life whilst keeping fit and healthy'. There will also be a display in the L&R building.

## New Head of Equality, Diversity and Inclusion

A warm welcome to Jas Kaur, our newly appointed Head of Equality, Diversity and Inclusion at NBT. Jas met with members of the BME Staff Group at their February meeting.

The group will be meeting regularly to shape the tackling racism agenda and career development programmes for BME staff at NBT.

If you would like to be involved in the group please email [Katie.Allen@nbt.nhs.uk](mailto:Katie.Allen@nbt.nhs.uk).



## International Trans Day of Visibility 31 March 2019



TDoV is an annual holiday celebrated around the world, dedicated to celebrating the accomplishments and victories of transgender & gender non-conforming people.

### Equality Events Diary

Transgender Seminar	Tues 12 March 12:30-1:45pm	Open to all. Please book.
Job Application & Interviews BME	Fri 12 April 9:30-12:30pm	<a href="mailto:Deborah.Mortimer@nbt.nhs.uk">Deborah.Mortimer@nbt.nhs.uk</a>

For more information on the above events or to book a place please contact Maria Smith.  
Email: [Maria.Smith@nbt.nhs.uk](mailto:Maria.Smith@nbt.nhs.uk) Phone 0117 41 45580 Ext 45580



## Confidential

Harassment and Bullying  
Advice Line  
Phone: 0117 414 5599  
Ext: 45599



## Healthwatch

### Bristol Annual Conference 2019

Wednesday 27 March

10:00-3:30pm

at Vassall Centre, Gill Avenue, Bristol, BS16 2QQ  
With Cllr Asher Craig, lunch, networking, stalls  
and workshops.

This event is free and open to all. To book visit:  
<https://www.thecareforum.org/networking/event/healthwatch-bristol-annual-conference/>



## Free online course: Beyond the Ballot

Celebrate International Women's Day, with this popular, online course, **Beyond the Ballot**. Explore the campaign for women's right to vote and its impact on women's rights and equality to the present day. Starts 4 Mar 2019 so **sign up today!**

## Equality Calendar – March

- 1 Zero Discrimination Day
- 8 International Women's Day
- 20 Purim (Judaism)
- 21 Hola Mohalla (Sikh)
- 21 Holi (Hindu)
- 21 International Day for the Elimination of Racial Discrimination
- 31 International Transgender Day of Visibility



## \*NEW\* Join the NBT Staff Choir

Starting Thursday 7 March (with 4 weeks break in April).

Rehearsals in The Sanctuary in the Brunel building at Southmead Hospital from 7.30pm – 9.30pm on Thursdays. Participants are asked to make a £30 donation as an investment to the choir's future.

All enquiries and to confirm registration and payment, please contact Southmead Hospital Charity at [hello@southmeadhospitalcharity.org.uk](mailto:hello@southmeadhospitalcharity.org.uk) or call ext 40170.

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