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Fractional Exhaled Nitric Oxide Test
What is a fractional exhaled nitric oxide (FeNO) test?

Your Doctor has asked that you have a FeNO test. This is a quick and easy way to measure inflammation (swelling) in the bronchial tubes of the lungs.

The test may be done to diagnose asthma, to evaluate a chronic cough, or to see how well inhaled corticosteroid (ICS) treatment is working in a patient who has already been diagnosed with asthma.

What does the test involve?

- No preparation is required before FeNO testing
- You will be asked to sit in a chair for testing
- You will be asked to take a deep breath in as fully as possible and blow out at a steady pace for about 10 seconds
- The test takes a total of 5 minutes to complete

What happens after the test?

The results will be sent to the Doctor that requested the test and they will discuss the results with you at your next appointment.
Reference

ATS/ERS Recommendations for standardized procedures for the measurement of exhaled nitric oxide 2005 (Joint statement).

NHS Constitution. Information on your rights and responsibilities. Available at www.nhs.uk/aboutnhs/constitution
If you or the individual you are caring for need support reading this leaflet please ask a member of staff for advice.

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