

Service: **Outpatients**

Information on your brace



This leaflet should be used as a general guide only

- Be sure to fasten the straps securely but not overly tight.
- The brace needs to be worn next to skin not over clothes.
- The brace should not hurt but you may feel a little uncomfortable while you get used to it.
- Remove the brace to check the skin at regular intervals.
- Any rubs or red marks please contact the plaster room.
- Most braces can be washed with soap and water and left to air dry.
- Do not place on or near a heat source.
- Do not attempt to alter, cut or modify your brace in any way.
- If you are experiencing any problems with the brace please contact the plaster room.
- If you are concerned that the brace is causing a sore, leave the brace off and contact the plaster room.

**PATIENT
APPROVED** 

How to contact us:

 **Plaster room**
0117 414 8606/7
Monday to Friday
8.30am - 5pm

Saturday, Sunday and Bank Holidays
8.30am- 1pm

Emergency department
0117 414 4100



www.nbt.nhs.uk

If you or the individual you are caring for need support reading this leaflet please ask a member of staff for advice.

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