

Service: **NICU**

# My Baby's Medications

## Southmead Neonatal Unit

Patient Identification Sticker

Prescriber signature: \_\_\_\_\_

Prescriber Name:  
\_\_\_\_\_

Date: \_\_\_\_\_

Pharmacy: \_\_\_\_\_

*Exceptional healthcare, personally delivered*

Baby's Name \_\_\_\_\_ Hospital  
Number \_\_\_\_\_

## **Abidec**

\_\_\_\_\_ ml (\_\_\_\_\_ micrograms) once a day orally

Abidec is a vitamin supplement given for 1-5 years. The dose may be changed by your GP at 6 months when your baby is weaned.

Side effects are uncommon unless you give too much medication. If you think you have given too much medication contact your nurse or doctor.

## **Folic Acid**

\_\_\_\_\_ ml (\_\_\_\_\_ micrograms) once a day orally

Folic acid helps prevent anaemia (low blood count) and is given until 6 weeks after your baby's due date.

Your baby is unlikely to get any side effects from folic acid. It can cause vomiting and bloating and normally symptoms are mild and resolve within a few days. If you are concerned that symptoms persist contact your nurse or doctor.

## **Sytron (Sodium ferredetate)**

**\_\_\_\_\_ml once a day orally**

Sytron is an iron supplement to help prevent anaemia (low blood count). Sytron is normally started on or after day 28 and continues until no later than 12 months of age.

If your baby has vomiting, diarrhoea, or appears to be distressed with stomach pains they may have had too much sytron. Please speak to your nurse or doctor.

## **Sodium Phosphate**

**\_\_\_\_\_ml**

**(\_\_\_\_\_mmol) \_\_\_\_\_times a day**

**orally at \_\_\_\_\_**

Phosphate supplements are used to help ensure your baby has healthy bones.

Sodium phosphate may cause vomiting, diarrhoea and stomach pains when it is started. If this persists more than a week then contact your nurse or doctor.

*The bottle given on discharge is pre-mixed (you may notice the nurses mixing the medication on the neonatal unit). The volume you give is the same.*

Baby's Name \_\_\_\_\_ Hospital  
Number \_\_\_\_\_

**Medication Name:**

\_\_\_\_\_ (dose & units) \_\_\_\_\_ times a day

orally at \_\_\_\_\_

Medication purpose:

Medication duration:

Side effects:

**Medication Name:**

\_\_\_\_\_ (dose & units) \_\_\_\_\_ times a day

orally at \_\_\_\_\_

Medication purpose:

Medication duration:

Side effects:

**Medication Name:**

\_\_\_\_\_ (dose & units) \_\_\_\_\_ times a day

orally at \_\_\_\_\_

Medication purpose:

Medication duration:

Side effects:

**Medication Name:**

\_\_\_\_\_ (dose & units) \_\_\_\_\_ times a day

orally at \_\_\_\_\_

Medication purpose:

Medication duration:

Side effects:

Baby's Name \_\_\_\_\_ Hospital  
Number \_\_\_\_\_

**Medication Name:**

\_\_\_\_\_ (dose & units) \_\_\_\_\_ times a day

orally at \_\_\_\_\_

Medication purpose:

Medication duration:

Side effects:

**Medication Name:**

\_\_\_\_\_ (dose & units) \_\_\_\_\_ times a day

orally at \_\_\_\_\_

Medication purpose:

Medication duration:

Side effects:

## References

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**PATIENT  
APPROVED** 

**How to contact us:**



**Southmead Neonatal Unit**  
**0117 414 6800**



**[www.nbt.nhs.uk](http://www.nbt.nhs.uk)**

If you or the individual you are caring for need support reading this leaflet please ask a member of staff for advice.

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**take part...  
be involved...**  
in research



While in our care, you may be invited to take part in a research study.

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