Join the Award Winning

Move Makers

Move Makers wear pink or green polo shirts with pride and help patients use the check-in system and/or assist them, visitors and staff with directions to anywhere on the Southmead Hospital site. Full training is provided.

Being a volunteer:

- We ask for a minimum of 3 hours help a week for at least 6 months
- Hours are flexible to fit around you
- Volunteers who work 4 hours or more may be eligible for travel expenses.

If you would like to know more about any of these opportunities please get in touch with:

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www.nbt.nhs.uk/volunteer

Volunteering at North Bristol NHS Trust

Exceptional healthcare, personally delivered
The extra support provided by volunteers is essential to the successful running of the hospital and greatly improves our patients' experiences. We are extremely proud of our volunteers and the work they do is hugely appreciated by everyone – staff, patients and visitors.

Our volunteers tell us it’s a great way to meet new people, make new friends and learn new skills while knowing you are making a difference and having a positive impact.

Volunteers may be needed in the following roles and areas:

**Befrienders** - These volunteers play a vital role on the wards bringing a friendly face and alleviating some of the boredom and loneliness that being in hospital can bring. This role may include chatting to patients and visitors, running errands to the shop and helping with puzzles and crosswords!

Some elderly patients or patients with dementia may enjoy some additional activity such as listening to music and having a sing-a-long or looking at picture books.

**Mealtime Assistants** - Special training would be provided for this role which would require volunteers to help staff feed patients who may be elderly or suffering from dementia.

**Move Makers** - This vital service helps patients and visitors find their way around the hospital. If you are active, physically fit and friendly, this could be the role for you!

**Mobile Shop** - The mobile shop is a lifeline for some patients, providing them with an opportunity to buy (among other things!) papers, magazines, drinks, sweets and biscuits for when visitors come to call!

**Memory Café** - This is run to support dementia patients and their families and takes place every Wednesday afternoon. Volunteers are essential to help set up the Café, serve refreshments and help create a friendly and welcoming environment.

**Entertainers** - If you can play an instrument, there may be an opportunity for you to come in and entertain our patients. We even have a piano on one of our wards that is always on the look out for people to play it...

**Arts and Crafts** - Rehabilitation patients in particular benefit from simple creative activities such as card making. If you have a skill you could share, please get in touch.

**Emergency Department** - Our Emergency Department volunteers do a variety of things including acting as pathfinders, befrienders and children’s play assistants.

**Breast Care Clinic** - The clinic has various roles helpers can do including being befrienders and doing some clerical tasks. The clinic also requires qualified complimentary therapists to offer treatments to patients.

**Speech and Language** - The Bristol Centre for Enablement is in Patchway and volunteers can assist patients attending the Bristol Communication Aid Service based here.

**Macmillan Wellbeing Centre** - Volunteers co-ordinate the running of the centre including meeting and greeting visitors, explaining the services offered and showing people around.

**Fresh Arts Programme** - Fresh Arts runs lots of exciting projects and aims to create bright, interesting and stimulating environments for patients and visitors. Activities that volunteers could get involved in include a giant knitting project and various musical events.

**Southmead Hospital Charity Fundraising** - ‘Do Something Super For Southmead’ and volunteer to help out with fundraising with our hospital charity team.

**League of Friends Coffee Shop** - Active helpers are needed to run the coffee shop in the Atrium of the Brunel Building making and serving drinks, and selling sandwiches and snacks.