

Women and their partners/ families have a stronger voice than ever before and that extends to how we carry out research in Women & Children's Health.

"The atmosphere was very friendly and encouraging"

"I felt valued and was pleased to be part of the journey."

Find out more...

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## Be Involved

Women & Children's research

By being involved in a women & children's research group you will help to ensure we will continue to deliver exceptional healthcare now and in the future.

## How can you help?

People with personal experience of healthcare are the ones who are best to comment on what research is needed and how that research should be done.

Women and their partners/families can bring a different perspective that is not always the same as those of researchers. Your involvement helps to ensure that the entire process is focussed on what is important and acceptable to the people who need to use our services.

You do not need any research experience. You are the expert on your healthcare experience and we want to learn from you.

Being part of a Women & Children's research public group means you will be able to:

- Help us to shape future research
- Discuss with us how care support and treatment should be provided
- Read and give feedback on the information sheets, letters and questionnaires we give to women and their families to make sure they understand what is being asked of them during a research study.

■ Have the opportunity to meet new people, attend training and learn new skills.

## How much time will it take?

You can be involved as much or as little as you want, depending upon your personal commitments.

If you are really keen, there are lots of other ways to be involved

