

Title of Document: Age-related reference ranges: Biochemistry

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# **Age Related Reference Ranges**

Due to a major change in the analytical equipment within the clinical biochemistry department, a number of reference ranges changed on 14/11/22. All tests with age-related reference ranges are shown below.

Please contact the Duty Biochemist (Mon-Fri 9am-5pm) on 01174 14 8437 if you require further information.

#### Alkaline Phosphatase (ALP) IU/L

| Gender | Age               | Low | High |  |
|--------|-------------------|-----|------|--|
| Both   | less than 14 days | 90  | 273  |  |
| Both   | 14 days - <1 year | 134 | 518  |  |
| Both   | 1 - 9 years       | 156 | 369  |  |
| Both   | 10 - 12 years     | 141 | 460  |  |
|        |                   |     |      |  |
| Male   | 13 - 14 years     | 127 | 517  |  |
| Male   | 15 - 16 years     | 89  | 365  |  |
| Male   | 17 - 18 years     | 59  | 164  |  |
| Male   | 19+ years         | 30  | 130  |  |
|        |                   |     |      |  |
| Female | 13 - 14 years     | 62  | 280  |  |
| Female | 15 - 16 years     | 54  | 130  |  |
| Female | 17 - 18 years     | 48  | 130  |  |
| Female | 19+ years         | 30  | 130  |  |

## Anti-Mullerian Hormone (AMH) IU/L

| Gender | Age               | Low | High |   |
|--------|-------------------|-----|------|---|
| Female | less than 60 days | 0   | 25   |   |
|        |                   |     |      |   |
| Male   | Less than 60 days | 100 | 1900 |   |
| Male   | 60 days - <2y     | 500 | 2300 |   |
| Male   | 2 - <4 years      | 300 | 1900 |   |
| Male   | 4 - <11 years     | 200 | 1400 |   |
| Male   | 11 - <13 years    | 70  | 1000 |   |
| Male   | 13 - <18 years    | 30  | 600  | • |
| Male   | 18+ years         | 25  | 140  |   |

#### Aspartate aminotransferase (AST) IU/L

| 10 partate arrived and crase (7.0.7.1.07.2 |                   |     |      |  |
|--|-------------------|-----|------|--|
| Gender                                     | Age               | Low | High |  |
| Both                                       | 0 – 14 days       | 0   | 150  |  |
| Both                                       | 15 days - <1 year | 0   | 60   |  |
| Both                                       | 1 - 7 years       | 0   | 40   |  |
|  |                   |     |      |  |
| Male                                       | Adult             | 0   | 50   |  |



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| Female Adu | dult | 0 | 35 |
|------------|------|---|----|
|------------|------|---|----|

# Amino Acids (Plasma, µmol/L)

| Gender | Age <4 months | Low | High |
|--------|---------------|-----|------|
| Both   | Taurine       | 20  | 256  |
| Both   | Aspartic Acid | 5   | 100  |
| Both   | Threonine     | 114 | 336  |
| Both   | Serine        | 94  | 324  |
| Both   | Glutamic acid | 20  | 142  |
| Both   | Glutamine     | 530 | 960  |
| Both   | Proline       | 107 | 435  |
| Both   | Glycine       | 224 | 515  |
| Both   | Alanine       | 236 | 675  |
| Both   | Cystine       | 35  | 92   |
| Both   | Valine        | 80  | 370  |
| Both   | Methionine    | 10  | 96   |
| Both   | Iso-Leucine   | 27  | 105  |
| Both   | Leucine       | 46  | 230  |
| Both   | Tyrosine      | 42  | 196  |
| Both   | Phenylalanine | 42  | 182  |
| Both   | Ornithine     | 49  | 214  |
| Both   | Lysine        | 114 | 316  |
| Both   | Histidine     | 49  | 195  |
| Both   | Arginine      | 22  | 155  |
| Both   | Citrulline    | 5   | 63   |

#### Caeruloplasmin g/L

| Gender | Age                 | Low  | High |
|--------|---------------------|------|------|
| Female | < 4 months          | 0.15 | 0.56 |
| Female | 4 – 6 months        | 0.24 | 0.83 |
| Female | 6 – 18 months       | 0.27 | 0.91 |
| Female | 18 months – 3 years | 0.28 | 0.9  |
| Female | 3 – 9 years         | 0.24 | 0.46 |
| Female | 9 – 12 years        | 0.23 | 0.45 |
| Female | 12 – 19 years       | 0.21 | 0.5  |
| Female | >19 years           | 0.23 | 0.6  |
|        |                     |      |      |
| Male   | < 4 months          | 0.15 | 0.56 |
| Male   | 4 – 6 months        | 0.24 | 0.83 |
| Male   | 6 – 18 months       | 0.27 | 0.91 |
| Male   | 18 months – 3 years | 0.28 | 0.9  |
| Male   | 3 – 9 years         | 0.24 | 0.46 |
| Male   | 9 – 12 years        | 0.24 | 0.45 |
| Male   | 12 – 19 years       | 0.15 | 0.37 |
| Male   | >19 years           | 0.21 | 0.4  |



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## Creatinine (serum) µmol/L

| Gender | Age               | Low | High |
|--------|-------------------|-----|------|
| Both   | less than 2 weeks | 27  | 77   |
| Both   | 2 weeks - <1 year | 14  | 34   |
| Both   | 1 - 2 years       | 15  | 31   |
| Both   | 3 - 4 years       | 23  | 37   |
| Both   | 5 - 6 years       | 25  | 42   |
| Both   | 7 - 8 years       | 30  | 47   |
| Both   | 9 - 10 years      | 29  | 56   |
| Both   | 11 years          | 36  | 64   |
| Both   | 12 years          | 36  | 67   |
|        |                   |     |      |
| Male   | 13 years          | 38  | 76   |
| Male   | 14 years          | 40  | 83   |
| Male   | 15 years          | 47  | 98   |
| Male   | 16 years          | 54  | 99   |
| Male   | 17+ years         | 59  | 104  |
|        |                   |     |      |
| Female | 13 years          | 38  | 74   |
| Female | 14 years          | 43  | 75   |
| Female | 15 years          | 44  | 79   |
| Female | 16 years          | 48  | 81   |
| Female | 17+ years         | 45  | 84   |

## FSH IU/L

| Gender | Age            | Low | High |
|--------|----------------|-----|------|
| Female | <1 year        | 0   | 16   |
| Female | 1 – 8 years    | 0.6 | 6.4  |
| Female | 9 – 11 years   | 0.9 | 7.8  |
| Female | Follicular     | 3.9 | 8.8  |
| Female | Mid-cycle      | 4.5 | 22.5 |
| Female | Luteal         | 18  | 5.1  |
| Female | Post-menopause | 16  | -    |
|        |                |     |      |
| Male   | <1 year        | 0   | 4    |
| Male   | 1 – 8 years    | 0.2 | 2.3  |
| Male   | 9 – 11 years   | 0.6 | 5    |
| Male   | 12 – 17 years  | 1.3 | 7.4  |
| Male   | >18 years      | 1.3 | 19.3 |

#### GGT U/L

| Gender | Age              | Low | High |  |
|--------|------------------|-----|------|--|
| Both   | 0 – 14 days      | 0   | 160  |  |
| Both   | 15 days – 1 year | 0   | 100  |  |
|        |                  |     |      |  |
| Male   | >1 year          | 0   | 55   |  |
| Female | >1 year          | 0   | 38   |  |



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#### Iron umol/L

| Gender | Age          | Low | High |
|--------|--------------|-----|------|
| Both   | 0 – 13 years | 3   | 25   |
| Both   | >14 years    | 11  | 32   |

## LDH U/L

| Gender | Age              | Low | High |
|--------|------------------|-----|------|
| Both   | 0 - 14 days      | 0   | 1020 |
| Both   | 15 days - 1 year | 0   | 380  |
| Both   | 1 - <10 years    | 0   | 270  |
| Both   | >10 years        | 0   | 250  |

## LH U/L

| Gender | Age            | Low  | High |
|--------|----------------|------|------|
| Female | <1 year        | 0    | 3.3  |
| Female | 1 – 8 years    | 0    | 2    |
| Female | 9 – 11 years   | 0    | 8    |
| Female | Follicular     | 2.1  | 10.9 |
| Female | Mid-cycle      | 19.2 | 103  |
| Female | Luteal         | 1.2  | 12.9 |
| Female | Post-menopause | 16   | -    |
|        |                |      |      |
| Male   | <1 year        | 0    | 6.8  |
| Male   | 1 – 8 years    | 0    | 2    |
| Male   | 9 - 13 years   | 0    | 3.3  |
| Male   | >14 years      | 1.2  | 8.6  |

## Lipase U/L

| Gender | Age           | Low | High |
|--------|---------------|-----|------|
| Both   | 0 – 9 years   | 0   | 30   |
| Both   | 10 – 17 years | 0   | 40   |
| Both   | >18 years     | 0   | 67   |

## Free T3 pmol/L

| Gender | Age                | Low | High |
|--------|--------------------|-----|------|
| Both   | 0 – 14 days        | 4.3 | 6.9  |
| Both   | 15 days - <3 years | 4.0 | 6.2  |
| Both   | >3 years           | 3.8 | 6.0  |

## Free T4 pmol/L

| Gender | Age                | Low | High |
|--------|--------------------|-----|------|
| Both   | 0 – 14 days        | 17  | 57   |
| Both   | 15 days - <3 years | 9.5 | 17.8 |
| Both   | >3 years           | 8.0 | 18.0 |



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#### Galactitol µmol/mmol creatinine

| Gender | Age                | Low | High |
|--------|--------------------|-----|------|
| Both   | less than 3 months | 3   | 80   |
| Both   | 3 - 12 months      | 10  | 65   |
| Both   | 1 year             | 6   | 22   |
| Both   | 2 - 5 years        | 3   | 17   |
| Both   | 6 - 14 years       | 2   | 10   |
| Both   | 15+ years          | 2   | 4    |

## Galactokinase µmol/h/g Hb

| Gender | Age          | Low | High |
|--------|--------------|-----|------|
| Both   | 0 - 6 months | 3.7 | 9.0  |
| Both   | 6+ months    | 1.5 | 4.0  |

## Methylmalonic acid (Urine MMA) µmol/mmol creatinine

| Gender | Age              | Low | High |
|--------|------------------|-----|------|
| Both   | less than 1 year | 0.4 | 23   |
| Both   | 1 - 16 years     | 2   | 5.1  |
| Both   | 16+ years        | 0.7 | 3.2  |

## Mucopolysaccharide screen: Urine Glycosaminoglycans (mg GAG/mmol creatinine)

| Gender | Age           | Low | High |
|--------|---------------|-----|------|
| Both   | 0 - 6 months  | 0   | 30   |
| Both   | 6 - 12 months | 0   | 26   |
| Both   | 1 - 2 years   | 0   | 21   |
| Both   | 3 - 4 years   | 0   | 14   |
| Both   | 5 - 7 years   | 0   | 11   |
| Both   | 8 - 15 years  | 0   | 9    |
| Both   | 16+ years     | 0   | 3    |

## **Oestradiol pmol/L**

| Gender | Age            | Low | High |
|--------|----------------|-----|------|
| Both   | < 1 year       | 0   | 200  |
| Both   | 1 – 11 years   | 0   | 80   |
| Male   | >12 years      | 0   | 120  |
|        |                |     |      |
| Female | Follicular     | 80  | 420  |
| Female | Mid-cycle      | 120 | 1900 |
| Female | Luteal         | 130 | 900  |
| Female | Post-menopause | 0   | 110  |

## Phenylalanine targets in PKU patients (bloodspots) µmol/L

| Gender | Age            | Low | High |
|--------|----------------|-----|------|
| Both   | Up to 12 years | 120 | 360  |
| Both   | 12+ years      | 120 | 600  |



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| Female | Trying to conceive | 120 | 250 |
|--------|--------------------|-----|-----|
| Female | Pregnant           | 120 | 250 |

## Phosphate mmol/L

| Gender | Age              | Low  | High |
|--------|------------------|------|------|
| Both   | <1 month         | 1.3  | 2.6  |
| Both   | 1 month – 1 year | 1.3  | 2.4  |
| Both   | 1 - 15 years     | 0.90 | 1.80 |
| Both   | 16+ years        | 0.80 | 1.50 |

#### Phytanic acid µmol/L Usually measured as part of VLCFA profile

| Gender | Age              | Low | High |
|--------|------------------|-----|------|
| Both   | <1 month         | 0   | 5.4  |
| Both   | 1 month – 1 year | 0   | 10.8 |
| Both   | >1 year          | 0   | 12.3 |

#### Potassium mmol/L

| Gender | Age               | Low | High |
|--------|-------------------|-----|------|
| Both   | Less than 4 weeks | 3.4 | 6.0  |
| Both   | 4 weeks - 1 year  | 3.5 | 5.7  |
| Both   | 1 - 15 years      | 3.5 | 5.3  |
| Both   | 16+ years         | 3.5 | 5.3  |

## Progesterone nmol/L

| Gender | Age            | Low | High |
|--------|----------------|-----|------|
| Male   | <1 year        | 0   | 20   |
| Male   | >1 year        | 0   | 5    |
|        |                |     |      |
| Female | <1 year        | 0   | 30   |
| Female | 1 – 11 years   | 0   | 5    |
| Female | Follicular     | 0   | 4    |
| Female | Luteal         | 12  | -    |
| Female | Post-menopause | 0   | 2    |

## Testosterone nmol/L

| Gender | Age           | Low | High                          |
|--------|---------------|-----|-------------------------------|
| Male   | <1 year       | 0   | 10                            |
| Female | <1 year       | 0   | 2.2                           |
| Both   | 1 – 8 years   | 0   | 0.7                           |
|        |               |     |                               |
| Male   | 9 – 12 years  | 0   | 1.7                           |
|        | 13 – 17 years | 0   | 20 (pubertal stage dependent) |
|        | <18 years     | 6   | 27                            |
|        |               |     |                               |
| Female | 9 – 11 years  | 0   | 1.7                           |



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| Female >12 years | 0 | 2.9 |  |
|------------------|---|-----|--|
|------------------|---|-----|--|

## Triglycerides mmol/L

| Gender | Age              | Low | High |
|--------|------------------|-----|------|
| Both   | 0 – 14 days      | 1   | 3.1  |
| Both   | 15 days – 1 year | 0.6 | 3.1  |
| Both   | 1 – 14 years     | 0.5 | 2.4  |
| Both   | 14+ years        | 0.5 | 1.7  |

#### TSH mU/L

| Gender | Age         | Low  | High |
|--------|-------------|------|------|
| Both   | 0 – 14 days | 0.79 | 5.9  |
| Both   | >15 days    | 0.38 | 5.33 |

## **Urea mmol/L**

| Gender | Age              | Low | High |
|--------|------------------|-----|------|
| Both   | < 28 days        | 0.8 | 5.5  |
| Both   | 28 days – 1 year | 1.0 | 5.5  |
| Both   | 1 – 16 years     | 2.5 | 6.5  |
| Both   | >16 years        | 2.5 | 7.8  |

# Urate (Uric acid) µmol/L

| Gender | Age           | Low | High |
|--------|---------------|-----|------|
| Male   | < 8 years     | 60  | 240  |
| Male   | 8 – 10 years  | 70  | 350  |
| Male   | 11 – 15 years | 120 | 460  |
| Male   | >6 years      | 200 | 430  |
|        |               |     |      |
| Female | < 8 years     | 60  | 240  |
| Female | 8 – 10 years  | 130 | 370  |
| Female | 11 – 15 years | 150 | 390  |
| Female | 16 – 49 years | 190 | 360  |
| Female | >50 years     | 140 | 360  |