

## **Use these guidance notes to help you complete the COVID19 Hospital Summary**

The COVID19 Summary has been adapted from Leeds Teaching Hospital learning disability and autism team “COVID-19 Hospital Summary”.

The COVID19 hospital summary will help the doctors and nurses treat you if you go to hospital. It is not a replacement for a hospital passport.

Make sure your hospital passport is also up to date for doctors and nurses to be able to look after you if you are admitted to hospital. It needs to be very detailed in case a carer is not allowed to come in with you into hospital.

If you are admitted to hospital with symptoms of coronavirus, please bring in your hospital passport and completed COVID19 hospital summary.

If you haven't got a hospital passport, you can download a template here:

<https://www.nbt.nhs.uk/patients-carers/coming-hospital/learning-disability-nurses>

The information in this form needs to be clear and short. We have given some examples to show what kind of information is useful.

### **Tips for Family and carers**

- Keep the learning disability liaison nurses' contact details in a safe place in case you need their support:
  - Southmead hospital - **0117 414 1239**
  - BRI - **0117 342 1707**
  - Bath RUH – **01225 824246**
- Visitors to hospital have not been permitted during the COVID-19 pandemic. However in exceptional circumstances, one visitor (an immediate family member or carer) will be permitted if they are supporting someone with a learning disability or autism, where not being present would cause the patient to be distressed. This needs to be agreed with the hospital matron or ward manager.
- Family carers – make plans for if you get unwell yourself. Make sure:
  - **You have a list of phone numbers of people who can help out in an emergency.**
  - **You have enough supplies for two weeks.**
- Put a hospital bag together now for the person with a learning disability or autism, as you won't have time in an emergency. Include:
  - **Hospital passport**
  - **COVID19 hospital summary**
  - **Phone and charger, headphones and a playlist of favourite music**
  - **Toothbrush, soap and towel and change of clothes/pyjamas**
  - **Prepare a similar bag for yourself. Please be aware that the hospital shops and cafes are not currently accepting cash. Remember to bring a debit/credit card.**
- Look after your own health. Do something, however little, for yourself every day.
- Stay in touch with friends and family by phone.
- Check <https://www.keepsafe.org.uk/> for updates and easy read information.

# COVID-19 Hospital Summary

To be completed by individual (with help if needed) before coming into hospital  
Call Southmead Hospital Learning Disability Liaison Nurses: 0117 414 1239  
Please also bring your Hospital Passport

<b>My name is:</b> <b>I would like you to call me:</b>	<b>My date of birth:</b>
<b>My address:</b>	<b>My NHS number:</b>
	<b>My telephone number:</b>

**Keeping me safe (any risks or behaviours that hospital staff need to know):**

- *Do you have epilepsy?*
- *Can you call for help if you need it?*
- *Can you communicate if you are in pain or upset?*
- *Are there any risks to yourself, to others (staff or other patients) or to property? E.g. history of self-harm? Do you have a positive behaviour plan?*
- *Do you have a mental health diagnosis?*
- *Are you at risk of falls? Do you have physiotherapy/ mobility guidelines?*
- *Do you have dysphagia? Do you have eating and drinking guidelines?*
- *Do you lack capacity to consent to care and treatment whilst in hospital? If so, do you have a next of kin or do you need an IMCA?*

<b>Breathing issues (e.g. asthma, history of breathing difficulties)</b> <i>Are you prone to chest infections/ pneumonia?</i> <i>Do you have COPD?</i> <i>Do you use CPAP, BiPAP, nebuliser or inhaler?</i>	<b>If you have a new cough, when did it start?</b> <i>Please try to be specific</i>
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<b>What was your last temperature?</b> <i>You can record on the back of the sheet your temperatures in last 24 hours if needed</i>  <b>Date:</b> <b>Time:</b>	<b>What support would you need to have a swab taken?</b> <i>Will you mind having swabs taken from your nose and mouth? Can you understand and follow simple instructions? Can you open your mouth when asked? Do you need any distraction or reassurance?</i>
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<b>What support would you need to have your observations taken?</b> <i>Do you need distraction (e.g. music, singing)?</i> <i>Do you need to be shown how obs are done on other people first? Do you need time to process information? How would you like information to be presented, i.e. verbally, with pictures, with words, with photos?</i>	<b>Have you had any contact with someone with a new cough or fever?</b> <i>e.g. family / carer / paid carer, someone else in your home</i>
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**My closest family/representative:** my next of kin or representative  
**Their relationship to me:** please write down if you have a Deputy for Health and Welfare or IMCA  
**Their address:**  
**Their telephone number:** *mobile and landline if available*

**Things that you like or would distract you if you are upset?**  
*Please be specific to ensure that hospital staff can look after you if you come into hospital*  
*Do you like any particular TV shows or channels?*  
*Do you like music? If so, what do you like to listen to?*  
*Do you have a tablet or iPad with games? Do you like colouring or painting?*  
*Do you like sensory equipment? e.g. lights or toys*