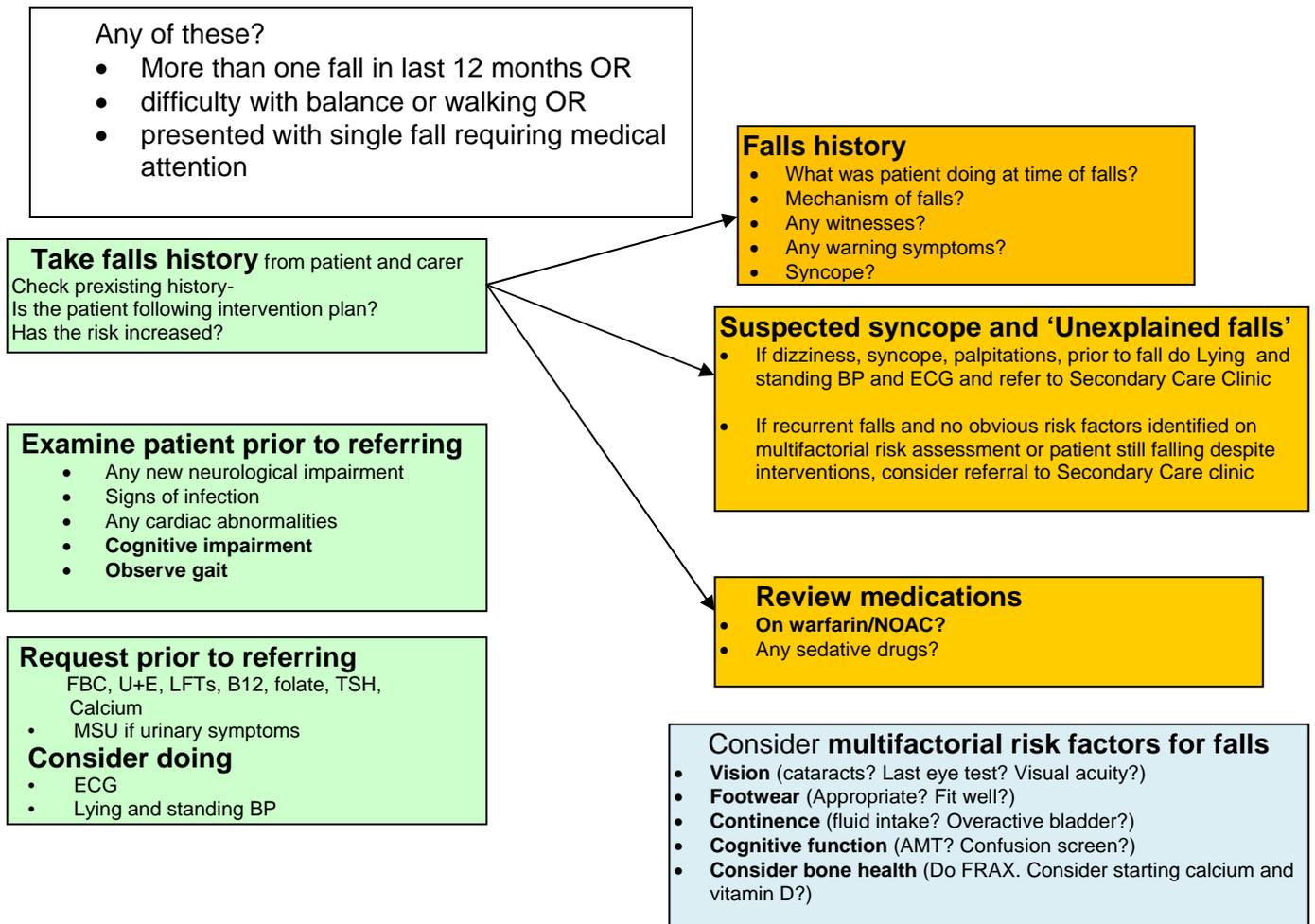


# GP Assessment and onward referral for Falls in community



## Referral Options Bristol:

If routine multifactorial falls risk assessment is needed:

- **Practice nurse**
  - can complete multifactorial assessment in surgery
- **Community nurses**
  - for a multifactorial falls assessment in the home
- **Intermediate care**
  - For falls associated with acute medical illness admission avoidance and multi-disciplinary rehabilitation (after medical review by GP)

## Community Therapy Services can provide:

**Domiciliary Physiotherapy** for a full balance assessment and physical/ mechanical issues related to falls, provision of strength and balance exercise programmes, walking aids and advice for carers.

## Strength and Balance groups – *coming soon*

**Physiotherapy - Musculoskeletal outpatient** for post fracture management and musculo-skeletal conditions who can be seen in an outpatient clinic

**Occupational Therapy** intervention within own home for home hazard and Activity Daily Living assessment, equipment provision and advice for carers

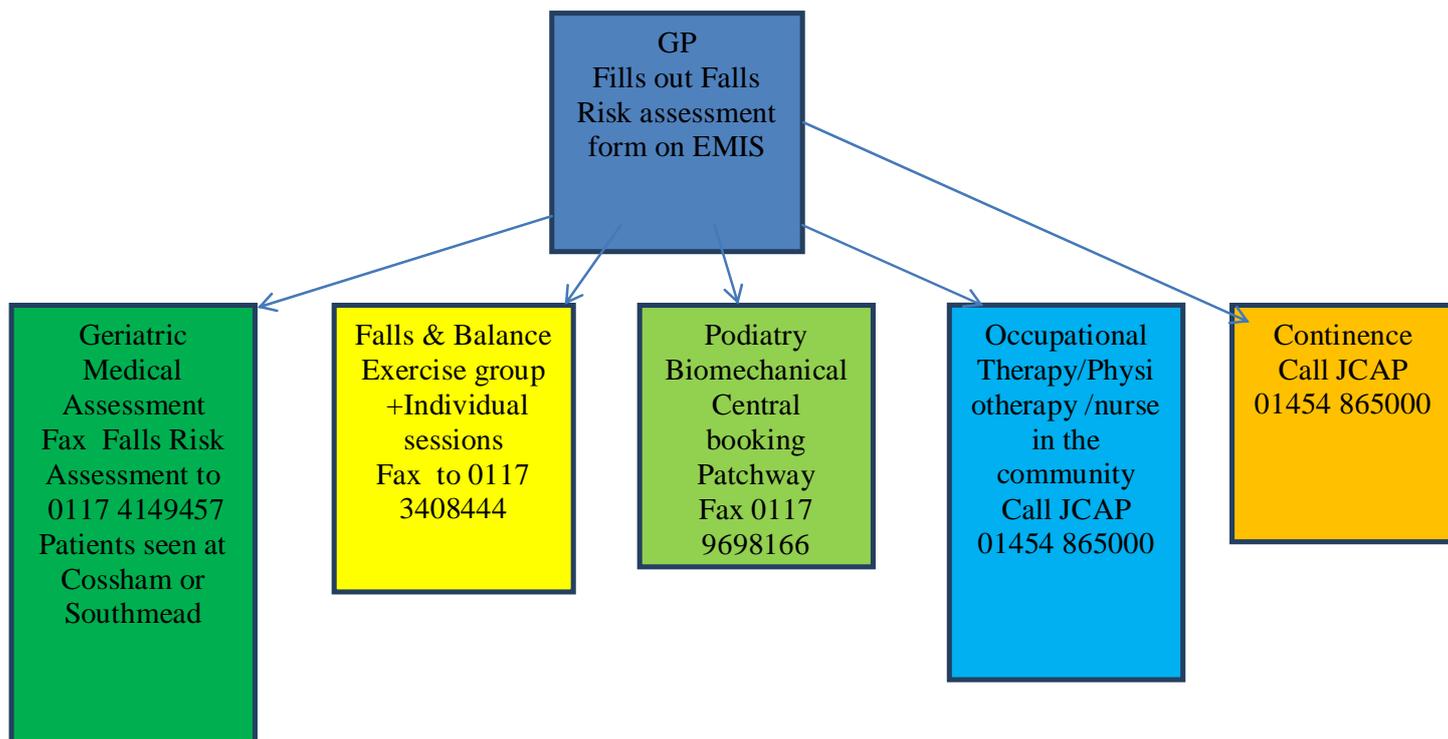
## Falls Specialist nurse

Specialist community nurse will assess patients at home who:

- need comprehensive geriatric assessment to establish the cause of their falls
- remain at risk of recurrent falls after initial assessment and interventions
- have complex falls risks

The nurse will refer on to other services as necessary and following discussion with the GP if needed

## Referral Options South Gloucestershire:



## Referral Options North Bristol NHS Trust:

### Hospital Medical Assessment of Falls at Southmead and Cossham Hospitals

- Patients with suspected syncope or with unexplained symptoms of dizziness
- Patients with recurrent falls where a cause has not been found despite performing a multi-factorial falls risk assessment or patient is falling despite interventions put in place to manage risks

**For NBT Hospital Medical Assessment for Falls clinic**, do not refer patients to who only need physiotherapy/occupational therapy assessment/intervention. In general patients who have had a hospital assessment for falls within 24 months do not benefit from a repeat referral.

### Prior to referral to Specialist nurse or Secondary Care Medical Assessment Clinic:

GP and community nurse must have carried out a multi-factorial falls assessment including blood tests and medication review as per CCG Integrated Falls Pathway. Please include details of these assessments with referral.