



North Bristol
NHS Trust

Service:
Rheumatology

Preparing for your Rheumatology Clinic Appointment

Transition & Young Adult

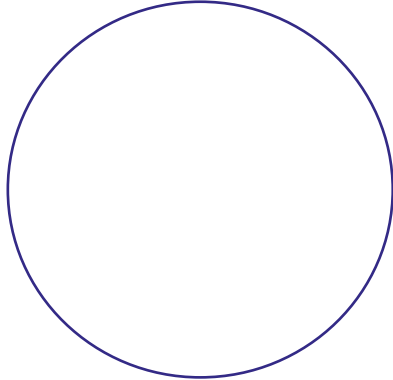
Rheumatology Clinic: Parent or Carer



Here are some things you can talk about in your appointment today

It would be helpful to know what you would like to talk about in your clinic appointment. Below are some suggestions. Choose the most important issues to you. Add any other questions or concerns you have in the blank circles or in the box below.

Managing at work / financial concerns



Making time for myself / ourselves as parents

What are the help and treatment options?

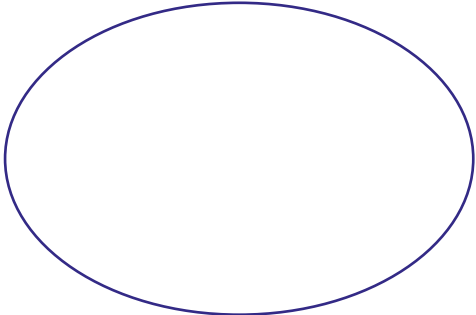
Wellbeing of other siblings

Worries about the future

What could help us to cope better?

Supporting keeping active / exercise

Social support for son / daughter or for self




How to support son / daughter's independence

Concerns about son / daughter managing at school, college, university or work

What questions would you like to ask at your clinic appointment?

**PATIENT
APPROVED** 

How to contact us:

 **Rheumatology Department**
Brunel building
Southmead Hospital
Westbury-on-trym
Bristol
BS10 5NB

 **Rheumatology Clinical Advice Line:**
0117 414 0600

 **Email:** rheumatologyadvice@nbt.nhs.uk

 **www.nbt.nhs.uk/**

If you or the individual you are caring for need support reading this leaflet please ask a member of staff for advice.

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