



North Bristol
NHS Trust

Service:
Rheumatology

Preparing for your Rheumatology Clinic Appointment

General Rheumatology clinic



Exceptional healthcare, personally delivered

Here are some things you can talk about in your appointment today

It would be helpful to know what you would like to talk about in your clinic appointment. Below are some suggestions. Choose the most important issues to you. Add any other questions or concerns you have in the blank circles or in the box below.

Managing my work

Energy levels or fatigue

Will it affect me physically?

The treatment I'm on

Pain / Stiffness

What could help me cope better?

Keeping active / exercise

My worries / How I'm feeling / Stress levels


My family / friendships

Do I need to make any changes to what I do?

What questions would you like to ask at your clinic appointment?

**PATIENT
APPROVED** 

How to contact us:

 **Rheumatology Department**
Brunel building
Southmead Hospital
Westbury-on-trym
Bristol
BS10 5NB

 **Rheumatology Clinical Advice Line:**
0117 414 0600

 **Email:** rheumatologyadvice@nbt.nhs.uk

 **www.nbt.nhs.uk/**

If you or the individual you are caring for need support reading this leaflet please ask a member of staff for advice.

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