

**Referral to see a Macmillan Specialist**

**Dietitian**

**Options for support:** Your needs will be assessed on an individual basis to decide the best way to support you. This could involve a 1:1 consultation, or a video/telephone consultation as appropriate

**For more information please contact:**

**Cancer Dietitians**

Tel: 0117 414 5550

Email: MacmillanDietitianReferrals@nbt.nhs.uk

**Who do we see:** We can provide nutritional advice to anyone living with or beyond a cancer diagnosis. Please refer using this form and send to the email address below. (Referrals for people under other specialist dietetic teams will be discussed)

**Common nutritional concerns:**

* Eating well to support health for the future
* Managing weight following completion of cancer treatment – acceptance criteria will apply
* Coping with a poor appetite, or unintentional weight loss
* Nutritional support for cancer/treatment related side-effects
* Altered texture diets due to swallowing difficulty
* Making dietary changes as a result of cancers affecting the digestive tract

**Professional Referral to see a Dietitian**

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| Full name: |  |
| NHS number: |  |
| Date of birth: |  |
| Address: |  |
| Home phone/mobile number: |  |
| Email address: |  |
| Referrer name and contact number: |  |
| Cancer diagnosis: |  |
| Treatment intent:  e.g. curative/palliative/surveillance |  |
| Cancer Consultant: |  |
| Cancer Nurse Specialist: |  |
| Please provide a brief summary of any cancer treatment received and approximate dates:  e.g. surgery/chemotherapy /radiotherapy/hormonal therapy /targeted therapy/immunotherapy |  |
| Other medical/surgical history:  Please attach patients most recent clinic letter where available - particularly if not under the care of a consultant at NBT |  |
| Social information: |  |
| Medications:  Please also include nutritional supplements, vitamins/minerals and herbal remedies |  |
| Nature of information/advice required:  Please include any specific questions or concerns the patient would like to discuss | Weight: \_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_ Height: \_\_\_\_\_\_\_\_\_\_ |
| Referral date: |  |

**Please note that we may need to contact the patients GP if they are not under a consultant at NBT.**

**Please ensure that you provide as much information as possible to allow us to prepare fully.**

**Cancer Dietitians Email:** [MacmillanDietitianReferrals@nbt.nhs.uk](mailto:MacmillanDietitianReferrals@nbt.nhs.uk)

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