

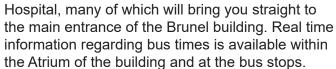
## Getting to Southmead Hospital

There are a number of ways that you can travel to Southmead Hospital.

Could you travel sustainably today? In doing so you will help to reduce the environmental impact of your journey and help to make our hospital greener.

#### By bus

There are over 15 bus services that call at or near Southmead



For up to date travel information contact Traveline on 0871 200 2233 or use the Traveline journey planner at www.traveline.info using the postcode BS10 5NB.

Visit www.travelwest.info/bus/bus-real-time-information-apps to find real time information on your next bus.

#### **First Bus**

www.firstgroup.com/bristol-bath-and-west 0345 602 0121

#### **Travel Bristol**

www.travelbristol.org/travel/how-to-travel-around-bristol/

#### By bicycle

If you wish to cycle we have a number of cycle parking facilities available. Please see the attached map for details.

Route maps are available online at www. betterbybike.info or you can plan your cycling journey at www.cyclestreets.net/journey.

#### By train

The nearest railway stations are Bristol Parkway and Filton Abbey Wood, both with frequent bus connections to Southmead.

Please contact National Rail Enquiries on www.nationalrail.co.uk or 08457 4849 50 for the latest information.

## By motorcycle

Motorcycle parking is free on site and there are a number of designated motorcycle parking areas. Please see the attached map for details.

## Car parking

Some of our car parks work via automatic number plate recognition (ANPR). Pay by credit/debit card, notes or coins when you return to the car park.

All other visitor parking is pay and display. Please make sure you bring sufficient change for parking.

For long term parking options, visit the Security Travel and Parking office in the atrium of the Brunel building open from 6am - 8.30pm, or call 0117 414 3334.

Charges apply 24 hours a day, 365 days a year. Tariffs are clearly displayed in all public car parks and can be obtained by calling the OCS office. For long term parking at a reduced rate contact the OCS office for more information.

Disabled drivers, displaying a blue badge, park free of charge and disabled parking bays are provided in all public car parks. If there are no available disabled bays you may park in any space within a public car park free of charge provided that you display your blue badge.

For disabled parking in our ANPR car parks, please see instructions on payment machines before you exit.

The map overleaf highlights public parking areas. Please ensure that you do not park in staff car parks as only permit holders may park in these areas, particularly as a barrier card is needed to exit them.

#### **Terms and Conditions of parking**

Please be advised that failure to comply with the Terms and Conditions of parking as displayed within the car parks may lead to enforcement.

### **Latest News**

Keep up to date with all our latest news by visiting www.nbt.nhs.uk/news or join us on Facebook, Twitter and YouTube.



# Southmead Hospital Charity

To find out more about our charitable activities visit our website www.southmeadhospitalcharity.org.uk or telephone 0117 414 0170. You can contact the hospital switchboard on 0117 950 5050.

For more information about what we're doing to promote sustainable travel at the Trust and to read our Environmental Policy, please visit: www.nbt.nhs. uk/sustainablehealthcare

If you need this information in a larger format please ask a member of staff.