Travel Information for Candidates

**Personal Travel Plans**

* Discover all the ways to travel to site using our Personal Travel Plan tool ([www.nbt.nhs.uk/ptp](http://www.nbt.nhs.uk/ptp))
* Contact TravelSmart for personal travel advice.

**Cycling**

* Free secure cycle parking facilities across site.
* Free cycle lessons catering for beginners or experienced riders.
* Change rooms with showers, lockers and ironing facilities.
* Cyclescheme: Purchase a bike through salary sacrifice, save on Tax and National Insurance.
* TravelSmart (staff/patient travel advice bureau) can help with route planning.
* Free 1 month bike loans (try cycling before you buy!)

**Public Transport**

* + Over 35 buses arrive on/near site every hour, from various locations across Bristol and South Gloucester.
	+ NBT staff can get discounted tickets on bus providers.
	+ The nearest train stations are Filton Abbey Wood and Bristol Parkway, with cycle and bus routes connecting them to Southmead Hospital.

**Motorcycling**

* Free, secure motorcycle parking
* Discounts at stores and on CBT tests

**Car-sharing**

* + 92% of NBT staff live within 1 mile of 9+ other NBT staff members; great potential for car-sharing!
	+ Free online matching website.
	+ The Guaranteed Ride Home policy: If you’re car-sharer has to leave early for an emergency, you won’t get stuck at work without a way home.
	+ Dedicated car-share parking spaces.

**Business Travel**

* Need to travel for work purposes? Use our hybrid pool cars for work journeys. Cheaper for your department, better for the environment and free for you. Book the cars using the online booking system 15 minutes to 52 weeks in advance.
* We also have a free pool electric bike.

**We have a parking policy which states staff are required to pay for a permit so they can park on site; qualification for permits is based on various criteria including distance and accessibility to public transport.**

 **Parking is managed by the Parking Team**

**ParkingEnquiries@nbt.nhs.uk**

The [TravelWest Website](https://journeyplanner.travelwest.info/routes) is good for journey planning and checking which services run where. Below is what we currently have…

Arriving on site:

11 (Avonmouth/Shirehampton)

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17 (Keynsham/Kingswood)

24 (Ashtonvale)

Y6 (Yate/Chipping Sodbury)

77 (Thornbury/Broadmead)

505 (Long Ashton Park and Ride)

508 (Shirehampton)

Arriving walking distance to site:

2 (Stockwood/Cribss Causeway)

76 (Hengrove/Cribbs Causeway)

75 (Hengrove/Cribbs Causeway)

T2 (Thornbury/City Centre)

3C (Centre/Aztec West)